



# Annual Report 2011-12

## Partners



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Photos by Glenn Hester Photography and Peter Monagle

## **Our** Mission

Respond. Rebuild. Reconnect. We seek to give all participants the power of purpose.

## About Reclink Australia

Reclink Australia is a charitable organisation whose mission is to provide sport and arts activities to enhance the lives of people experiencing disadvantage.

Targeting some of the community's most vulnerable and isolated people – those who are experiencing mental illness, disability, homelessness, substance abuse issues, addictions and social and economic hardship – Reclink Australia has facilitated cooperative partnerships with a network of over 490 member agencies committed to encouraging participation in physical and artistic activity in a population group very under-represented in mainstream sport and recreational programs and associations.

We believe that sport and the arts will become accepted as a primary approach to improving the lives of those experiencing homelessness, drug and alcohol addiction and socio-economic disadvantage.

Those tackling social isolation and disadvantage will seek out Reclink Australia knowing that participating in our activities will change their lives for the better.

More than 9500 activities were conducted this year across Reclink Australia's 21 networks. More than 95,800 participants were involved in those activities.

## Why We Exist

We believe that everyone has the right to a positive identity and a social network. This can be achieved through active participation in sport and the arts. It revives, nurtures and sustains an individual and improves their mental and physical health. Currently, many Australians experiencing disadvantage and social isolation are unable to access or actively participate in sport or arts programs. For the past 20 years, Reclink Australia has facilitated a proven, effective and efficient partnership based model that uses sport and the arts to transform the lives of these communities and to individuals experiencing disadvantage and social isolation.

"Reclink Australia has given me back my life and the opportunity to be part of the community again"



#### 1988

Peter Cullen uses recreation as street outreach.

#### 1989

Kick-to-kick commences – seven social games of football (AFL).

#### 1990

First Reclink Australia network meeting is held.

#### 1991

Four teams play Australian football (AFL) in an organised competition.

#### 1992

Former Victoria Police Commissioner, Mick Miller, appointed as first Reclink Australia Patron

#### 1997

Peter Cullen tours Australia presenting the Reclink Australia model.

Reclink Australia travels to NSW – football and the Reclink Australia Olympics.

Reclink Australia PCYC is established in Hobart.

Funding is secured to establish Reclink Australia in South Australia.

#### **1998**

Reclink Victoria vs Reclink SA at Punt Road Oval.

VicSafe Crime Prevention and Community Safety Award.

#### 2000

Reclink Australia Super 8s played on the MCG.

#### 2003

Reclink Australia partners with the Victorian Government.

Reclink Australia employs first staff member.

South Yarra FC is the first community football club to accept Reclink Australia participants.

Reclink Australia is a finalist for the Premier's Award for Community Participation.

#### 2004

10 teams compete in the Victorian Reclink Australia Football League.

#### 2005

Peter Cullen appointed as Reclink Australia Development Manager.

Reclink Australia 'All Stars' game held at the MCG.

The first Frank Galbally Cup is played between Melbourne's barristers and solicitors.

## What We Do

Some of our activities include golf, swimming, table tennis, lawn bowls, tenpin bowling, squash, basketball, choir, drama and music and are used to promote and deliver the health, social and economic benefits of activity to an otherwise largely inactive population group. Our seasonal team sports include our famous grassroots Australian football (AFL) fixture – in which more than 1000 people take part from April to August each year. Our other team sports include cricket, soccer, league tag and 8 Ball, and we also facilitate regular skills development courses and Transformational Link programs.

We act as an advocate and conduit between passive populations and facilities and programs where physical activity can be undertaken. Using our experience and networks we negotiate or subsidise access to facilities, manage customised programs and competitions within existing facilities and coordinate transitional programs to enable Reclink Australia participants to move into the mainstream community.

By facilitating relationships in supported environments, Reclink Australia is able to offer programs in places that cater for the safety and wellbeing of participants which are affordable and accessible.

Many programs that are initiated by our member organisations are based on participant choice and interest. All activities are inclusive and are alcohol and drug free. A foundation principle of shared respect exists that recognises and rewards participation above all else. Skill development and grand final days feature strongly and are used to develop life skills rather than separate winners from losers.

Our ultimate aim is to empower participants to sustain an enhanced level of health, wellbeing and involvement in the community. By assisting with the development of fundamental social skills, participants are able to become active contributors in a variety of community environments such as sporting groups, social settings and work places.



#### 2006

The Reclink Raiders are the first cricket team to compete in a community cricket league.

Reclink Australia established in Alice Springs.

The Choir of Hard Knocks is formed.

#### 2007

Reclink Australia partners with VicHealth. Reclink Australia established in Brisbane. Federal government announces partnership to launch Reclink Australia nationally.

#### 2008

Appointment of the first CEO, Adrian Panozzo.

IOOF Foundation became a major community partner.

Reclink Australia established in Western Australia.

Staff members appointed in Brisbane and Alice Springs.

#### 2009

Staff members appointed in Hobart and Canberra.

#### 2010

Networks established in Sydney and Logan.

Appointment of new staff members in Adelaide, Brisbane and Fremantle.

Strategic plan for 2010 to 2015 approved by the Board.

Women's football league commenced in Alice Springs.

2011

Transition to Public Company Limited by Guarantee.

#### 2012

Record membership (493), networks (21), events (9535) and participation (95,811).

The Transformers choir sings with His Holiness the Dalai Lama.

ACT program receives Australian Red Cross Humanitarian Award.

Australia Day Community Event of the Year.

Our Membership passed 490 agencies for the first time.

## Growth and Challenge

The significant and national growth of all key outputs continued throughout the last year; however this was balanced by a substantial shortfall across anticipated sources of revenue. Growth was evident by a 33% increase in the number of member organisations to 493 and the number of sport and art activities available to those members increased from 5653 to 9539. This growth was realised in spite of reduced funding and is largely due to efficiency gains in the cost of delivering programs.

These gains over the past three years are significant with the average program cost reducing from \$102 in 2010 to \$54 in 2012. As a result, a record level of participation of almost 100,000 (95,811) was reached with the goal of 120,000 in the next 12 months now a very realistic outcome.

The positive effects of Reclink Australia programs was further validated with the release of several research reports from Latrobe University and the presentation of an Australian Red Cross Humanitarian Award for our programs in the Australian Capital Territory. The deficit for the year was directly linked to a lack of success in securing grants from trusts and foundations, losses or less than budgeted surpluses from key events and a shortfall in corporate donations. The challenge now facing the organisation in 2013 is to sustain the extent of our national network, should the trend of declining revenues continue beyond the next 12 months.

Counteractive measures have been implemented including a streamlining in administration and a reduction in operational staff. Program cost analysis is ongoing.

A more conservative strategic and financial approach to revenue generating activities will predominate the organisations operations in the short term. At the same time, further efficiency gains in the sourcing and delivering of our sport and art programs will be actively pursued in order to maintain the level and diversity of choice to our member organisations. We would like to take this opportunity to express our gratitude to our dedicated government and community partners, our volunteers and friends for their continued support of Reclink Australia. In particular we would like to acknowledge the dedication and commitment of our staff who have continued to deliver and grow Reclink Australia programs during this challenging time.

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Mary Delahunty Chair

Adrian Panozzo Chief Executive Officer

## **Corporate Governance**

The Reclink Australia Board is responsible for Reclink Australia's overall strategic direction, performance and compliance and providing effective governance and leadership on behalf of its members, participants and supporters.



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Mary Delahunty Chair since November 2011, Board Member since July 2010. Diploma of Financial Planning; Master of Applied Science (Corporate Advisory). David O'Halloran Board Member since 2005. President from 2007 – November 2011. Diploma of Community Services (AOD); Diploma of Management.



Hayden Legro Board Member since November 2000. Bachelor of Arts; Bachelor of Laws; Bachelor of Theology. re 25 lo

Sam Newton Board Member since 2006 Licensed Estate Agent.



Sue Wardle Board Member since July 2010. Associate Diploma of Business Legal Practice; Master of Business Administration; Graduate Certificate in Business Systems.

#### **Rod Butterss**

Board Member since November 2010.



**Kym McInerney** Board Member since November 2010.



**Chris Newton** Board member since June 2012. Bachelor of Commerce; Graduate Diploma in Applied Finance; Master of Business Administration.

## Theresa Sgambaro

Treasurer since 2005. (Retired November 2011) Master of Laws (Legal Practice, Skills and Ethics); Bachelor of Business (Accounting); Diploma of Financial Services (Financial Planning).

#### Penny Showers

Executive Member since 2007. (Retired November 2011) Certificate in Public Relations; Graduate Certificate in Business. Currently completing a MBA in International and Community Development.



Reclink Australia Founder 1990. National Development Manger since 2005, President 1992-2005, Member of the Order of Australia 2000, Centenary Medal 2003.

#### Adrian Panozzo

Chief Executive Officer since January 2008.

Master of Sport Business; Churchill Fellow; MAICD.

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## **Research and Evaluation**

In 2008, Reclink Australia commissioned La Trobe University to undertake an evaluation of its national programs and operations. The research used semi-structured interviews of agency staff and Reclink Australia participants.



The aim of the project was to identify the ways in which Reclink Australia use sport and arts programs to contribute to the physical, mental and emotional health of people experiencing disadvantage.

The agency workers described Reclink Australia programs as enriching the lives of participants and providing them with opportunities that they would not otherwise have access to, across domains such as social integration benefits, selfesteem benefits, physical/health benefits and access benefits (such as financial accessibility and physical accessibility).

To date, the research has used data from more than 200 Reclink Australia participants and over 50 agency workers. The evaluation team have produced summaries for every participant that has been interviewed. These 'participant summaries' attempt to give a sense of the life history of the participants, the challenges they faced prior to joining Reclink Australia, and the impact the organisation has had on their lives. Many of the Reclink Australia participants experience significant disadvantage including social isolation, drug addiction, mental health issues ranging from schizophrenia to depression, problems with the law, including incarceration and repeat offending, unsatisfactory living arrangements and broken relationships. These significant disadvantages have meant that many Reclink Australia participants have found meaningful social engagement out of their reach. While for some, the benefits from Reclink Australia programs were small, for others, the benefits have been significant and have resulted in positive and substantial changes to their lives.

Conclusions so far are that Reclink Australia programs provide significant benefits to their participants. The findings note six key sub themes within the broader theme of benefits.

### Reclink Australia programs:

- 1. Break down the barriers to isolation;
- 2. Assist in establishing and maintaining friendships;
- 3. Alleviate boredom;
- 4. Provide a sense of community;
- 5. Development of self-esteem and confidence; and
- 6. Assist in the acquisition of new life skills.

The La Trobe research concludes that all these benefits acquired through participation in Reclink Australia programs and activities enabled participants to feel more comfortable within the housing complexes that the majority of participants call home. The research has shown that programs are successful in ameliorating problems associated with social disadvantage such as boredom, and provide opportunities to engage in activities that provide a sense of purpose. In many Australian locations, participants are introduced to Reclink Australia by community agencies that are part of the participant's broader journey of personal growth and transformation. For example whilst in Canberra, the researchers found that the participants became involved in Reclink Australia activities as a result of their living arrangements and proximity to the Reclink Australia location – rather than as part of a larger treatment plan or service.

The research reports that these participants believe that they will not 'escape' their public housing environment and consequently view Reclink Australia activities as an essential and important part of their future. These findings truly illustrate the transformative potential that Reclink Australia bring to the increasing pockets of socially disadvantaged Australians.

"This remarkable program called Reclink Australia should be supported by everyone... it makes such a difference in peoples lives"

## **Transformational Links**

Reclink Australia's Transformational Links program provides support and targeted opportunities to assist individuals and groups move beyond our programs into mainstream community activities such as employment, sporting groups and clubs. Reclink Australia staff work closely with our member agencies to develop individual transformational links opportunities. This year Reclink Australia launched its first Alcohol and Other Drugs (AOD) Certificate IV training course in partnership with the Australian Institute of Flexible Learning which is a Registered Training Organisation and part of the Upper Murray Community Health Services organisation. The course was conducted in Melbourne and by early 2013 will accredit 12 participants.

We intend to expand third party training programs in the future to provide other opportunities that will assist disadvantaged individuals to obtain educational qualifications.

Reclink Australia also successfully facilitated an AFL (Australian football) Level 2 coaches course with 18 participants obtaining certification. These coaches are linked to various football clubs in the Reclink Australia National Football Leagues and provide quality coaching and mentoring outcomes for our participants.



99 football teams (AFL, Soccer and League Tag) consisting of more than 1850 participants compete in 16 organised leagues across Australia.

## **Community Partners**



### **IOOF** Foundation

Reclink Australia would once again like to thank the IOOF Foundation and acknowledge their generous support. Launched in 2008, the relationship has gone from strength to strength enabling Reclink Australia to have a presence in each state and territory of Australia. The IOOF Foundation's continued support of Reclink Australia over the past five years has been invaluable and we look forward to working with the Foundation in 2013.

The IOOF Foundation is the sole funder of the Reclink Australia National Football Leagues (AFL). In 2011, this funding enabled in excess of 1000 men and women of all ages and abilities to participate in the leagues across Australia. With a total of 43 teams nationally, more than 200 matches were played across seven leagues in five states and territories throughout Australia.

The IOOF Foundation is also the major supporter of Reclink Australia's Transformational Links initiative. Transformational Links is a program that provides a pathway from Reclink Australia activities back into employment, education or training. In 2012 this funding provided 12 participants from 11 different membership agencies with the opportunity to complete a Certificate IV Alcohol and Drugs course which will be completed in February 2013.



## **Talbot Family Foundation**

The Talbot Family Foundation is delighted to be associated with Reclink Australia and in particular their Queensland Choir The Transformers.



### The House of Marley

The House of Marley is a brand with a heart and soul and is a legacy of the legendary Bob Marley. Respectful and cause minded, The House of Marley encourages everyone to make a change for good. In August 2011, The House of Marley's chose Reclink Australia to be the sole Australian beneficiary of their charitable foundation - 1 love. The House of Marley was proud to be present at the inaugural Reclink Community Cup in Sydney this year and was also a part of the very successful Reclink Community Cup in Melbourne.

We look forward to an ongoing partnership with the House of Marley and thank them for their donations and support to date.



## Friends of Alice

It is our intention at Reclink Australia that when we see and identify a community need we respond courageously. Part of that response is to involve the wider community. With this philosophy in mind, the Friends of Alice program was born. Through this program interested people located anywhere in Australia can be part of the solution to disadvantage in Alice Springs.

We would like to thank all the Friends of Alice benefactors whose invaluable support has ensured Reclink Australia is able to continue to provide high quality programs that make a significant social impact in the Alice Springs region.





## Australian Football League

Reclink Australia receives support from the Australian Football League (AFL) through access to ticketing and events which support our fundraising and volunteer recruitment programs. We are grateful for the ongoing support that the AFL provides to Reclink Australia and we look forward to strengthening this relationship in 2013.



## Carlton Football Club

Reclink Australia developed a strong partnership with the Carlton Football Club in 2012, which included new initiatives such as our Beat the Blues run/walk recreation program, assisting with football development days and acknowledging our organisation as the official community charity partner in an AFL match at the Melbourne Cricket Ground during the year. The Carlton Football Club has also granted access to the Visy Parks facilities throughout the year for participant activities and fundraising events.

## State Reports

State	Members	Activities	Participants
ACT	5	359	2904
NSW	23	304	2922
NT	20	248	4709
QLD	109	3126	33,320
SA	62	762	7690
TAS	62	1187	7771
VIC	152	2557	26,108
WA	60	1016	11,463
Total	493	9539	95,811



### Australian Capital Territory

Overcoming challenges, initiating change and consolidating existing activities to meet the desired outcomes of community and our key ACT funding bodies have guided our work this year.

Our focus to improve personal safety and reduce crime, enhance housing and physical environment, integrate access to government and non-government services and promote health and wellbeing drives the design of our activities.

The Jerilderie Court Garden Project is a prime example of where neighbourhood spirit, expertise and skilled labour combined with assistance from government directorates and other support organisations achieved amazing outcomes.

Neighbourhood residents having completed garden construction in November 2011 have produced over 100 kg's of healthy food, engaged in food education and active recreation providing garden maintenance on a regular basis.

As one resident noted, "Building these raised garden beds is harder than a workout in the gym."

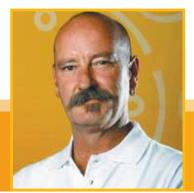
Existing arts programs once again provided some amazing works for our second annual Down the Avenue creative arts exhibition with sculptures from our Ainslie Community Kids Active Art Program stealing the show.

Other activities which have delivered positive health outcomes include our Civic gym programs and the Ainslie Village workshop with continuing growth in participation rates. The standout event for the year was our March 2012 Tap into Water Everyday Run, Roll or Walk with Discrimination Commissioner, Dr. Helen Watchers as ambassador supported by our key partners Australian Red Cross, DIRECTIONS ACT and the ACT Health Directorate. Over 130 people attended the event representing over 20 organisations generating new contacts and supporters of Reclink Australia.

Growth will continue through an exciting new active arts based program at the Playing Field studio at the Australian National University beginning July 2012.

Noteworthy, our work in the ACT Inner North was recognised by Australian Red Cross by being awarded a Humanitarian Partner Award at the national awards ceremony and was presented by the Ambassador to Switzerland in Australia.

A special thank you to our key funding bodies in the ACT: Justice Planning and Programs. Justice and Community Safety Directorate I ACT Government and Health Directorate I ACT Government. Reclink Australia also acknowledges the fantastic contributions of our key partners throughout the year including the Australian Red Cross, Cycle Australia and DIRECTIONS ACT.



Mark Ransome Project Manager

"There were probably two factors that have led to my recovery completely and Reclink Australia would be one of them"

### Northern Territory

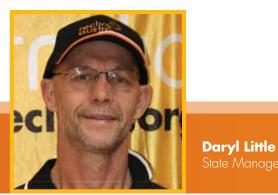
The highlight for the year was the 2011 grand final played at Traeger Park oval. Six teams participated on the day including four men's and two women's teams. The day was supported by a large number of volunteers from the Central Australia Football League, Clontarf AFL Academy and local identities. A special thank you must go to Central Australia Media Association (CAAMA) radio for broadcasting the matches. The Melbourne group Friends of Alice supported the day and had the opportunity to participate in match commentary.

The following day two matches were played as part of the Yulara Football Grand Final. We are grateful for the support of the manager of Voyagers Resort, Shaun Peerce who not only coordinated the day but umpired as well.

Cricket progressed slowly throughout the season due to extremes weather conditions. However, interest in this activity increased after the Imparja Cup, an Aboriginal national cricket competition hosted annually in Alice Springs.

Some of our new activities that have been well supported throughout the year include:

- **Traditional Games** These game that have their origin throughout Australia in remote Indigenous communities, have been sought by agencies seeking to provide Indigenous knowledge and history for their clients.
- Low Ropes Course This has been extremely beneficial for participants that would otherwise shy away from physical activities and group involvement.



Reclink Australia continues to support Morris Stuart's and the Community Choir of Central Australia project. The choir performed at the Alice Springs Desert Festival singing a number of well known songs which were sung in the local Aboriginal language. The choir is renowned for its unique blend of harmony. In the near future we will investigate the opportunity to establish a women's softball competition between six remote communities. In addition, we will be pursuing a request from the Barkley Shire to implement a Reclink Australia football (AFL) competition within a cluster of smaller communities.



"Reclink Australia helps give me structure and I know my team mates will be there for me if I am hurting"

### Queensland

Sustainable growth has been our focus in the past 12 months, with Reclink Australia programs now operating across five established network areas in Queensland. Member agency numbers are consistently increasing as is the diversity of the organisations that are embracing and contributing to the collaborative process that the Reclink Australia model offers. Programs extend across four local government regions in South East Queensland including Brisbane, Logan, Moreton Bay and Ipswich. In 2012 we have successfully established networks in Moreton Bay and Ipswich with steadily increasing attendance at activities.

We have welcomed new staff members to the Reclink Australia team including Courtney Gillott, Community Development Coordinator in Logan and Mike Meade, our new Choir Manager/Arts Coordinator. Their appointments ensures that we are able to continue to support the development and implementation of high quality, meaningful experiences for some of our communities most vulnerable and at risk people.

A key area of growth in relation to program development across our networks, is the number of organisations acknowledging the need for increased activity provision specifically targeting disengaged and marginalised young people. In response to this identified need, Reclink Australia has developed a state wide partnership with Queensland Police Citizens Youth Welfare Association (PCYC) with programs being operated and developed across 20 branches.

Some of the highlights of the past year have included:

• The Transformers choir launching their first single and accompanying film clip at the Queensland State Library during National Disability Awareness Week;



- The Reclaimers Community Orchestra drumming program performing at the Kaleidoscope Festival in Logan;
- Skateboard, BMX and scooter competition and festival day in north Brisbane in collaboration with Brisbane City Council, PCYC and multiple youth support agencies;
- The ongoing development and expansion of the Spring Hill Shed program which now incorporates bicycle building, woodworking, leatherwork, instrument building, multi-sports facilities, guest speakers on health and nutrition and a growing social enterprise;
- Another successful year of supporting the Art From the Margins program as a major component of Brisbane Festival and the Refugee Week art exhibition with Wesley Mission.

During the past year we have continued to hear stories of positive life change for many of the service users participating in Reclink Australia programs. We look forward to continuing to work with our partner agencies, who share a common belief that all people have the inherent right and deserve the opportunity to be involved in life pursuits that contribute to active, healthy and socially included lives. We would also like to acknowledge our funding bodies including the Talbot Family Foundation, Queensland Government – Sport and Recreation Services and the Regional Arts Development Fund.



**Steve Hutchinson** State Manager

### South Australia

The South Australian vision is to build a 'sense of community' around events and activities. This is achieved by bringing people together and creating an atmosphere where the focus is on a positive personal experience for the participant and not the day-to-day problems that they may encounter in their lives.

Examples of this include Peter, a man in his 50's that has Down syndrome. Peter started participation in our football competition as an isolated and withdrawn individual and now is a valued member of the Archway Lions football team. Peter can now kick, mark and handball and his involvement with the football team has attributed to improving

his communication skills with others. Mike, Don and Mark were Reclink Australia participants with challenging life issues. Through involvement in Reclink Australia programs they have built confidence to enable them to manage our golf, snorkelling and tenpin bowling programs.

We appreciate the organisations that support our programs including the Adelaide City Council, Office of Recreation and Sport and the Mount Barker



Council. These organisations provide funding to enable our networks to grow in both the city and regional areas. The South Australian National Football League (SANFL) is the core of our football competition and we thank them for their generous support. We would like to acknowledge the following organisations which enable participation in community sports and events including the Adelaide Crows FC, Port Power FC, South Australia Cricket Association, the Adelaide Symphony Orchestra, the Royal Adelaide Show, Wallis Cinemas, Snorkel Safari and Scubacom.

#### Andy Asser

State Manager



### Sydney

The Sydney network has now grown to more than 20 member agencies and provides a wide range of activities for participants located in the inner city area. Some of our most successful activities this year have included swimming lessons and water aerobics where there have been substantial health benefits for participants. Many of these participants are women who are staying in a women's refuge and have never had the opportunity to learn how to swim. Other activities include our run/walk around Centennial Park, a fishing trip, visits to the Zoo, an 8 Ball competition, tenpin bowling, tennis and a community garden project. Highlights for the year included two very successful art shows held at St Vincent's Hospital and the Tap Art Gallery.

The building of relationships with New South Wales peak sporting organisations has been one of the milestones this year. Working closely with Bowls NSW, Surfing NSW, Tennis NSW and Fishing NSW has strengthened the quality of the programs offered. These organisations have acknowledged the role of Reclink Australia in making possible a practical way to engage with and genuinely involve disadvantaged people.

We would like to thank Wesley Mission, Rough Edges, Ozenham House, St. Vincent's Hospital, The Heart Foundation, St John's Maroubra and Hope Street and their dedicated supporters and volunteers for helping establish the Reclink Australia network in Sydney. Over the next 12 months, Reclink Australia will focus on increasing our membership and program reach beyond the inner city area.



**Peter Cullen AM** National Development Manager

#### Tasmania

Now in its fourth year of operation, the Tasmanian network continues to grow its membership and activity opportunities to support several hundred Tasmanians experiencing disadvantage. Strengthening and building relationships has been a key focus of the work carried out to secure and provide a diverse range of programs and activities that have been requested by the member agencies. By maintaining old favourites and well attended programs whilst introducing new activities such as golf at Rosny, swimming and movies in Glenorchy has meant that Reclink Australia enjoys a reputation for demonstrating The Power of Purpose in Tasmania.

The group of Reclink Australia golfers can be seen each week, swinging their clubs and enjoying the ambiance of the Rosny Golf Course. Swimming at the Hobart Aquatic Centre has been the most popular activity due to the partnership with Hobart City Council. The Movie Club with coffee conversation supports a regular group of participants whilst other popular activities include the Tasmanian Symphony Orchestra program of concerts, the Choir of High Hopes, the use of the PCYC gymnasiums, walking in Glenorchy and sailing on the Derwent River courtesy of volunteer Rotarians.

Reclink Australia is now well established and is appreciated for delivering successful and well attended activities within the Risdon Prison Complex. The inmates participate in team



sports on a regular basis including basketball, volleyball, soccer and Australian football (AFL) all of which are possible as a result of the strong partnerships with Basketball Tasmania, Kingborough Council and AFL Tasmania. Once released connections for the inmates are made within Reclink Australia's community programs where particular emphasis is placed on skill or knowledge development that may lead to a pathway for employment and ongoing support to reintegrate and settle into the community.

The growth, development and sustainability

of the Tasmanian network is due to the generosity of many sporting and recreation clubs and organisations who work in collaboration with Reclink Australia, in particular the Police Citizens Youth Club, local government authorities and clubs such as the Rosny Golf Club. We wish to acknowledge and thank all of the supporters of Reclink Australia for their contribution in making a difference to the lives

of people experiencing disadvantage in Tasmania.



Joanne Lorraine State Manager

"We have had a really positive outcome from the women - this is a great win for Reclink Australia."

#### Victoria

Over the past 12 months, there has been a major focus of reviewing various aspects of our operations in Victoria. With over 150 member agencies currently accessing our sport and arts programs, it is imperative that we are efficient when allocating resources throughout our services. Some of these key areas included:

- Restructure of our networks by segregating our member agencies in various zones in both metropolitan and regional areas based on their respective local government authorities;
- Assessing our community development department human resource requirements in providing opportunities;
- Exploring opportunities to recruit additional volunteers, particularly students associated with tertiary institutions;

- Obtaining feedback from our member agencies through various meetings throughout the year regarding our services;
- Working closely with other respective State Managers to determine emerging trends, challenges and opportunities throughout Australia;
- Ensuring that we are fully aware of research projects for people experiencing disadvantage.

We continue to provide over 25,000 participant opportunities each year across a range of sport and arts programs, including new initiatives such as our Beat the Blues event in partnership with Carlton Football Club as well as the introduction of a mini golf program in regional Victoria. We were also successful in creating a new and unique initiative by providing participants with the opportunity of completing a Certificate IV qualification as part of our Transformational Links program. There are a number of key challenges and opportunities ahead in the next 12 months, some of which include:

- Develop stronger working relationships with our existing member agencies through various communication strategies;
- Increasing membership by further promoting our services to organisations targeting disadvantaged communities;
- Review our model to ensure that it is conducive to the needs of our members and prospective participants;
- Providing an increased diverse range of programs by responding to the needs of people experiencing disadvantage through member surveys and a research evidence based approach;
- Ensure consistency in programs by providing a low cost, high quality experience with the aim of increasing participation levels;
- Attract additional investment from government and the corporate sector to commence new services in regional locations.

We would like to acknowledge the contribution of our members, partners, sponsors and donors who have assisted in the delivery of sport and arts programs for people experiencing disadvantage.



"Many people run for medals and that's OK...I run to make a difference"

Joe Rotella State Manager

#### Western Australia

In the past 12 months, Western Australia has experienced growth and expansion which shifted the focus towards developing a solid and sustainable network in the Perth-metro area. With financial support from Department of Sport and Recreation, we were able to increase participation opportunities having doubled the number of program activity sessions and increased the number of activities by 90%. We have also broadened our reach, offering activities in communities throughout the Perth-metro area including Kelmscott, Middle Swan, Midland and Joondalup. The funding has also enabled us to include new programs such as Zumba, laughter yoga, indoor rock climbing and expansion of the Australian football (AFL) league.

The most popular program was indoor soccer in which more than 15 agencies participated. After numerous requests, we delivered our first outdoor soccer tournament, supported by Football West, followed by a grand final day to wrap up the season. Seven teams participated in the competition which is a noteworthy number for our first year.





The Fremantle Dockers continue to be a substantial supporter throughout our AFL season. This year they provided jumpers and boots to players and maintained a crucial role in the planning and running of the grand final day.

We were also fortunate enough to establish a relationship with the West Coast Eagles who provided jumpers for one new team and have expressed interest in continuing their support in the future. During the next 12 months, the main areas of focus will be:

- Increase the quantity and range of sport and arts services, programs and competitions in new and existing areas;
- Increase the number of participants moving from Reclink Australia programs to community clubs through the Transformational Links program; and
- Development of feeder partnerships with WA sport and recreation clubs and competitions.

Our agency members truly embrace the Reclink Australia model and without their contributions and support, the activities and programs provided simply would not exist. It is when we meet with these agencies that we are reminded of the considerable impact Reclink Australia has on the day-to-day lives of our participants. One participant disclosed to me, "Without the Reclink Australia programs, I wouldn't have a reason to wake up every day." In virtue of this affirmation, we look forward to another fruitful year full of life-changing possibilities.

Erica Brewer State Manager

"We would never have had this door opened...if it wasn't for the generosity of Reclink Australia"



## Our Networks

#### Networks

Adelaide City, SA	Logan,
Adelaide Hills, SA	Melbou
Alice Springs, NT	Melbou
Ballarat, VIC	Melbou
Bendigo, VIC	Melbou
Brisbane North, QLD	Melbou
Brisbane South, QLD	Moretor
Canberra, ACT	Murrayl
Fremantle, WA	Perth, V
Hobart, TAS	Sydney,
Ipswich, QLD	

## Logan, QLD Melbourne Metropolitan, VIC Melbourne East, VIC Melbourne West, VIC Melbourne North, VIC Moreton Bay, QLD Murraylands, SA Perth, WA Sydney, NSW

### AFL Leagues Adelaide, SA Alice Springs, NT Yulara, NT Perth/Fremantle, WA Victoria Youth Football, TAS

#### **Sports Leagues**

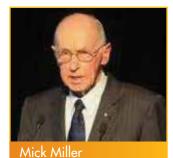
Cricket (Melbourne, VIC, Fremantle, VVA, Alice Springs, NT)

League Tag (Brisbane, QLD)

Soccer (Melbourne, VIC, Adelaide, SA, Perth, VVA)

### Life Members





Allan Jeans (Deceased)

#### Awards

**2011 Spirit of Reclink Australia Award (Victoria)** – Chris Lakey (Bendigo), Elvin Atkin (Westernport Warriors) and Roy Alexander (Western Storm)

**10 Year Service Awards to Football (Victoria)** – Ian Lewis (Odyssey Blues), Gary Lambert (MIDDWAY Cobras) and Shane Cox (Malmsbury)

2011 Peter Cullen Medal Winner (Victoria) – Keyran Gibb (Odyssey Blues)

2011 Peter Cullen Medal Runner up (Victoria) – Brendan Hicks (Bendigo Victory)

- 2011 Female Player of the Year (Victoria) Tiffany Hicks (Bendigo Victory)
- 2011 Clarke-Landy Medal (Victoria) Scott Orchard



## **Events**

Throughout the year, Reclink Australia delivers a number of community and corporate events which generate revenue to support the organisations national sport and arts programs.

### Peter Cullen Medal

A culmination of the 2011 football year, the annual Peter Cullen Medal is a celebration of Australian football (AFL) in Victoria. Held at Etihad Stadium the evening hosted more than 180 football participants and Reclink Australia guests. This event is Reclink Australia's version of the Brownlow Medal with awards presented on the evening including the Peter Cullen Medal winner and runner up, Female Footballer of the Year, Victorian Team of the Year, Spirit of Reclink Award and 10 Years Service Awards.

#### Rock for Reclink - Sydney and Melbourne

Expanding on the success of the 2010 Ruck 'N' Roll concert featuring Paul Kelly and Tim Rogers at the Corner Hotel in Melbourne, the Rock for Reclink concerts were held in Sydney and Melbourne. The Sydney concert was held in March 2012 during the Reclink Community Cup week and featured The Cruel Sea, Dan Sultan and The Ronson Hangup. The Melbourne concert was held in June and featured a long list of local talent including The Blackeyed Susans Trio, Dave Larkin Band, Davey Lane, Leena and The Ronson Hangup.



## Reclink Community Cup – Sydney and Melbourne

Based on the success of Melbourne's iconic event, the inaugural Reclink Community Cup was held in Sydney at Henson Park, Marrickville in March. More than 3000 people attended on the day to watch the Sydney Sailors consisting of local media personalities defeat the Western Walers who were represented by local musicians. The annual Melbourne event was held at Elsternwick on Sunday June 24 with highlights including more than 9000 individuals attending, more than 215 volunteers assisting in the delivery of the event and Drunk Mum's, Bunny Munroe, Boomgates and Blue Ruin performing. The match ended in a draw with both teams scoring 35 points.



## Reclink Footy Lunch

Held at Zinc on Friday June 15, 2012 the annual Reclink Footy Lunch unites Melbourne's corporate community in support of Reclink Australia's programs. Key note speakers included Mark Bosnich, former Socceroo champion and goalkeeper with Manchester United, Aston Villa and Chelsea, David Schwarz, Melbourne Football Club player and SEN personality and Rhan Harris, Reclink Australia Ambassador.







## Frank Galbally Cup

First held in 2005, the Frank Galbally Cup has now raised more than \$130,000 for Reclink Australia. In August 2011, Melbourne's law firms, barristers and solicitors swapped the court room for Visy Park. The Barristers, coached by David Rhys-Jones were triumphant on the day, defeating Denis Pagan's Solicitors by one goal with only 45 seconds remaining on the clock. Relink Australia would like to thank the numerous Melbourne law firms for providing ongoing support for this event.

## The Great Peninsula Paddle

Held on Saturday February 4, 2012, more than 180 people participated in the 3.6km paddle from Sorrento to Portsea piers on all forms of paddle craft including kayaks, canoes, surf skis and stand up paddle boards. The event was run in partnership with the Portsea Surf Life Saving Club and over the past three years has provided Reclink Australia with the opportunity to engage with the Mornington Peninsula community.

## Run for Reclink

Our Reclink Runners participated in a number of running events around the country in support of Reclink Australia. Peter Cullen, Reclink Australia Founder competed in his first Melbourne Marathon in October 2012 and in the process raised more than \$15,000. In November, Scott Orchard commenced an epic journey of 766km running from Canberra via Australia's highest mountain, Mt Kosciusko arriving in Melbourne 11 days later and raised \$13,000. 11 Reclink Runners raised \$37,000 this year.



### Volunteers

Our volunteer network, whether in office administration or at community or participant events is integral to the work of our organisation. Whether an individual's volunteer experience is a one-off or is an involvement over a longer period of time, their contribution is valued and makes a significant impact on our work around the country.

The Reclink Community Cup continues to be the predominant event where volunteers contribute time to support our work. For the Melbourne event more than 215 volunteers provided support in the lead up to and on event day, ensuring the 9000 patrons had an enjoyable experience. For the Sydney event more than 180 volunteers assisted on the day. The volunteer contribution for the two Reclink Community Cup events is estimated to be more than \$65,000. We also rely on the commitment of volunteers to deliver the annual Frank Galbally Cup, The Great Peninsula Paddle and the national football grand final series.

There are a number of individuals around the country who volunteer their time and skills to assist Reclink Australia staff with events and activities for our participants. The support of these individuals ensures that our participants have a high quality experience each time they participate. On behalf of the organisation we would again like to acknowledge the on-going support of Rose Cicero who has been providing membership and administration support at head office for the past five years.

Thank you to all the volunteers around the country who have assisted Reclink Australia in the past 12 months.

**Tinika Van Dort** Marketing and Events Manager



## Our Activities

Using its unique community development model, Reclink Australia in partnership with member agencies has offered the following activities to disadvantaged communities throughout Australia. The 'whole of community' approach empowers agencies to determine which activities are needed in their community.

#### **Events**

Reclink Community Cup – Melbourne and Sydney

Frank Galbally Cup – Melbourne

League Tag Grand Final Gala Day – Brisbane

National Reclink Australia Grand Final Football Series

Peter Cullen Medal – Melbourne

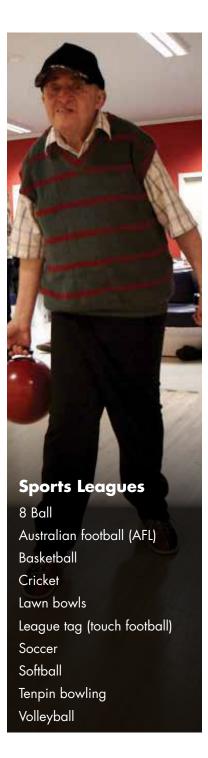
Rock for Reclink – Melbourne and Sydney

The Great Peninsula Paddle – Sorrento

Corporate Luncheons – Melbourne

#### Programs

Stand up paddle boarding (Sporting) Indoor soccer (Sporting) Finska (Sporting) Mindful meditation (Health and wellbeing) Circus performance (Arts) Walk and draw (Health and Wellbeing) Computer class (Social, cultural and educational) Second chance cycles (Social, cultural and educational)



# Activities Aerobics Circu

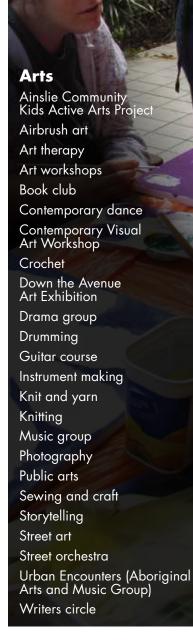
Archery Aqua aerobics Aqua program Badminton Ballroom dancing Basketball Bike riding Blind soccer BMX Bocce Boxing Bush walking Cardio fitness and weights Circuit Croquet Darts Diving Fishing Futsal Go carting Golf Group fitness Gym Hip hop dance Horse riding Indoor beach volleyball Indoor cricket Kayaking

Mini golf Outdoor adventure Resistance training Rock climbing Roller blading Run, Walk, Roll Running Salsa and Latin dancing Sailing Scooter competitions Scuba diving Skating Snorkelling

Soccer Squash Steady steps classes Supa golf Surfing Swimming Table tennis Taekwondo Tennis Tenpin bowling Volleyball Walking group Wheelchair dancing



Baking Beading Belly dancing Boot camp Boxing and self defence Car Maintenance Circus workshops Creative arts High Tea luncheon Jewellery making workshops Make up session Music therapy Nutrition Pamper day Zumba





Indigenous Women's Choir - Alice Springs Choice Voices – Bendigo Choir of High Hopes – Hobart Starlight Hotel Choir – Fremantle The Big Sing – Melbourne The Rocky Road Choir – Outer East The Transformers – Brisbane Under the Lamp Post – Adelaide



Gardening Project Massage Planting for pizzas Qigong Sahaja meditation Self defence Stretch and relaxation Tai Chi

Yoga



#### Social, Cultural and Educational

Aquarium outing Avenue Community neighbourhood chats Ballroom dancing Christmas in July Circus Oz Community BBQ Community Christmas Party Community gardening Craft group – Over 55s Deadly Outdoor Adventure Group Easter community BBQ Environmental park outing Furniture making International Rules match Kids day out Line dancing Masters Exhibition – National Gallery Victoria Ainslie Men's shed program Movie day Muldark theatre production National Gallery Victoria Picnic in the Park Observation Deck visit Wii Zoo trip

## Our Members

Reclink Australia's national membership base is made up of 493 different agencies across the community development sector. Our members help to form the basis of the Reclink Australia model which is to work as part of a cooperative partnership to increase the availability of sport and arts activities to people experiencing disadvantage.

### Australian Capital Territory

ACT Health – Health Promotion Branch – Healthy Communities Initiative

Belconnen Community Service – Open Arts and Leisure Programs

CAHMA – The Connection Program

Canberra Mens Centre

Schizophrenia Fellowship of NSW – D2DL Canberra

## New South Wales

Anglicare – PHaMs

Buckingham House - Psychiatric Rehabilitation Australia

CatholicCare – Personal Helpers and Mentors Program

Eddie Dixon Centre

Hopestreet Urban Compassion – Community Development

Kirribilli Neighbourhood Centre – Bradfield Park Carer's Program

MARS INL/CREATE L.N.S. CREATE – Ryde

#### Mission Australia – Sydney Centre

Mission Australia – Womens Services – A Womans Place and Women in Supported Housing

Neami Ltd. – HASI

Neami Ltd. – Bankstown

Neami Ltd. – Pagewood

New Horizons Enterprises Limited – PHaMs

Rough Edges Community Centre

St. Vincent de Paul Society – Mary MacKillop Outreach

St. Vincent de Paul Society – Ozanam Learning Centre – Matthew Talbot Hostel

The Haymarket Centre

The Lorna Hodgkinson Sunshine Home – Community Justice Program, Pro-Social Activities

The Salvation Army – Foster House

The Salvation Army – Samaritan Services

The Wayside Chapel – Day-To-Day Living

Vincentian House

- Matthew Talbot Homeless Services

Wesley Mission – Edward Eager Lodge

### Northern Territory

Acacia Hill School

Aged and Disability Support Unit

- Aged and Disability Program

- Central Australia- Department of Health

Bushmob Inc.

Casa Central Australia Inc.

Central Australian Aboriginal Alcohol Programs Unit – CAAAPU

Central Australian Aboriginal Congress – Healthy Lifestyle and Smoking Cessation Program

Central Australian Aboriginal Congress – Ingkintja

Central Australian Aboriginal Congress Inc. – After Hours Youth Service

Centralian Girls Academy (Tigers)

Centralian Senior College

Clontarf Foundation – Central Region NT

DASA – Drug and Alcohol Services Association – Alcohol and Drug Detox and Rehab

Gap Youth Centre

Life Without Barriers

Mental Health Association of Central Australia (MHACA) – Day-To-Day Living Program

Mission Australia – PHaMs Program

Ngaanyatjarra Pitjantjatjarra Yankunytjatjara (NPY) Women's Council – Youth Program Steps Disability QLD – Steps Employment Team Health – Breakway The Salvation Army

### Queensland

139 Club Inc. – Homeless Day Centre

4 Walls

Aboriginal and Torres Strait Islander Community Health Service Brisbane Ltd. – Healing Centre

ACCES Services Inc.

Access Arts Inc. (QLD)

Aftercare – PHaMs

Anam Cara – Centacare

Artrageous Community Arts Centre – Articipate

Australian Red Cross – Jeay's Street Community Centre

Australian Red Cross – Red Cross Employment Services

Bayside Initiatives Group Inc. – Recovery and Recreation Centre

Boystown - Youth Connections

Break Thru People Solutions – Disability Employment Service

Break Thru People Solutions – Job Services Australia

Brisbane South Division – Connecting Communities – Chain Reaction Brisbane Youth Service Inc. (BYS)

Burpengary Baptist Community Church

Canefields Clubhouse

Carindale PCYC

Cays Connect

Centacare Community Support Services

– Resident Support Program

Centacare South West Brisbane

Community Options Project

Centre Education Programme

Cerebral Palsy League – Support in the Community – Metro North

Communify QLD

Community Learning Ltd.

– Jabiru Community College

Connections Inc. – Activities

Crossroads QLD

Down Syndrome Association of QLD. Inc.

Drug Arm Australasia

Footprints in Brisbane Inc.

Fortitude Valley PCYC

HAND – Centacare Learning and Leisure

Hands on Art

House With No Steps – Post School Services and Respite

IMPACT Make Your Mark

Inner North Brisbane Mental Health Service – Resource Team

Intercept Youth and Family Service

Ipswich City Council

Jabiru Community Services

Jacaranda Clubhouse JAM (Join Australian Music)

Karakan

Kingfisher Adult Learning Programs (KALP) Kingston East Neighbourhood Group Inc. (KENG)

Lands Community Services – Outreach

Logan City Council – Sport and Recreation

Logan East Community Neighbourhood Association Inc.

Logan Women's Health and Wellbeing Centre – Multiple Programs

Logan-Beaudesert Mental Health Service

Mater Child Youth Mental Health Service – ADAWS – Adolescent Drug and Alcohol Withdrawal Service

Mental Illness Fellowship of QLD – Touch Football Showcase Day

Mercy Disability Services – Community Respite

Mercy Family Services

Micah Projects — RSP (Resident Support Program)

Micah Projects Inc.

Micah Projects Inc. – Forgotten Australian Support Services

Mission Australia – Project Circuit Breaker

Multicultural Development Association

Multilink Community Services Inc.

Neami – HASI – PHaMs

New Farm Neighbourhood Centre

North East Community Support Group Inc.

Northey Street City Farm Inc.

Northside Mental Health Service – QLD Health – Recovery and Rehabilitation Service

Nundah Community Support Group Inc.

Open Minds – Bayside Office

Open Minds – Client Services

Open Minds – PHaMs

Orana Youth Shelter – QLD Baptist Care

Ostara

Ozcare – Mental Health Recovery Program

Ozcare Homeless Men's Hostel

Peninsula Power Football and Sporting Club

– Active Inclusion Program

QLD Health – Transitional Housing Team

QLD Health – Young Disabled Program

Queensland Alliance

Queensland Health – Bayside Mental Health: Metro South Red Cross – Migrant Support Programs

Red Cross Employment Service – DES (Logan)

Red Cross Employment Services – Disability Employment Network

Redcliffe PCYC – QPCYWA

Royal Children's Hospital, Child and Youth Mental Health Service – Nundah Cottages

Sandbag Inc. – Drop In Program

Sandgate PCYC

Somerset Villa's (CCU) – Extended Treatment and Rehabilitation Unit South Pacific Youth Justice Inc. Spiritus Care Services – Anglican Womens' Hostel

Stepping Stone Clubhouse

Tenpin Bowling Association of Queensland Inc.

The Chermside and District Senior Citizens Centre Inc. – Burnie Brae Centre

The Community Place

The Lodge Youth Support Service Inc.

The Salvation Army – Brisbane Street Level Mission

The Salvation Army – Moonyah Recovery Services

The Salvation Army

– Pindari Homeless Persons Service

- Resident Recovery Program

The Salvation Army – Pindari Homeless Women's Service

The Salvation Army – Youth Outreach Service

Uniting Care Community

W.W.I.L.D - SVP Association Inc.

Wesley Mission Brisbane – Logan Community Services Programs

West End Family Care Services Inc.

Worklinks – Youth Connections

Worklinks Inc. – Youth Connections

YMCA of Brisbane

Young Parents Program Inc.

Youth Advocacy Centre Inc.

Youth and Family Service (Logan City) Inc. – YFS

Youth Housing Project Association Inc. (YHP)

### South Australia

Aboriginal Sobriety Group – L.T.W.

ACH Group – Social Links East

ACH Group, Health and Community Services, Social Links North

Adelaide Hills Community Health Service

Adelaide Hills Vocational College

Aged Homeless Assistance Program – Homelessness Strategy Housing SA

Anglicare – Regency, SRF/Boarding House

Anglicare SA – Site 197

Archway Services

Australian Red Cross – Step Out/Youth and Families Department

Baptist Care SA – Refugee Services

Baptist Care Westcare – Westcare

Beyond Addiction

British Sub Aqua Club – BSAC

Catherine House Inc. – Sagamartha

Centacare – Murray Bridge

CLASS – Day Options South Coast

Coastlands Care – Love Adelaide

Common Ground Adelaide

Community Bridging Services – Jobnet Employment Program

Community Lifestyles Inc.

Community Living and Support Services (CLASS) – Southern Metro Day Options

Community Living and Support Services Inc. (CLASS) – Day Services District Council of Mount Barker

Drug and Alcohol Services, SA – The Woolshed

Eastern Mental Health Service – Club 68 – Clinical Psychosocial Rehabilitation Program

Global Care (Adelaide Hills) – Health Ministry and Council Home Assist Program

Hills Community Options Inc. – Disability Support Service

Hutt Street Centre

Hutt Street Centre – Aged City Living Program

lan George Court

Ink Pot Arts Inc.

Intermediate Care Centre (ICC)

Kura Yerlo Inc.

Life Without Barriers – Country South Services

Mental Illness Fellowship of SA

– Activity Program – Panangga

Mental Illness Fellowship SA Inc.

Mind Australia – Burnside HASP

Mount Barker Baptist Church

Mount Barker Family House Inc.

Mount Barker Uniting Church – Hungry No More

Murray Mallee GP Network – Murraylands Headspace

Neami Ltd. – Health and Fitness

Northern Mental Health – The Gully

OARS Community Transitions, Supportive Accommodation Services

Our Wellbeing Place

Remix Youth Adelaide Hills – Baptist Church

Snorkel Safari Adelaide

St. John's Youth Services – Emergency Services

St. John's Youth Services – Ladder St. Vincent Street

St. Vincent de Paul Society (SA) Inc. – Vincentian Centre

Teen Challenge SA Inc.

The Hall, Mental Health Activity and Resource Centre

The Magdalene Centre

Towards Independence Network of Services

Uniting Care Wesley Adelaide

- Byron Place Community Centre

Uniting Care Wesley Adelaide

– Kuitpo Community

Uniting Care Wesley Port Adelaide – Family and Support Services

Unity Housing Company

Westcare Karpandi Arts Centre

YMCA Adelaide Hills Recreation Centre

YMCA of SA – Recreation Link-up

## Tasmania

Able Australia

Anglicare – Access and Bilton Lodge

Anglicare Tas. Inc. – Children, Families and Community – South

Anglicare Tasmania – Personal Helpers and Mentors Program (PHaMs)

Anglicare Tasmania – Recovery Program

Aspire – A Pathway to Mental Health Inc.

Bethlehem House – Homeless Men's Assistance Centre Incorporated

Brighton Council – Sport and Recreation

Child Protection Services – South West – Response, Case Management, Out of Home Care

Choir of High Hopes, Hobart Inc.

Colony 47 – Eureka Clubhouse

Colony 47 – Men's Health Program Pilot Project

Community Corrections

Department of Health and Human Services – Pulse Youth Health Centre

Department of Health and Human Services – Alcohol and Drug Service (South)

Department of Justice – Integrated Offender Management Unit

Edmund Rice Camps Tasmania Inc.

Gavitt House – Community Mental Health

Geeveston Community Centre – Youth Program

Glamorgan Spring Bay Council

Glenorchy City Council – Youth Programs

Goodwood Community Centre

Headway Rebuilding Lives – Community Outreach Service

Hobart City Council – Youth Programs

Housing Tasmania – Department Health and Human Services

Huon Valley Council – Youth Services

Jordan River Learning Federation – Support, Advice and Mentoring (SAM) Project

Jordan River Services Inc. – Gagebrook and Bridgewater Community Centres

Kingborough Council

Langford Support Services Inc. – Youth Centre

Launch Youth Inc.

Lifestyle Solutions

Mental Health Services

Migrant Resource Centre (Southern Tasmanian) Inc. – Youth Program

Mission Australia – Gateway Services

Mission Australia – Parents Staying Connected

Mission Australia – U-Turn

Mission Australia TYSS

Montagu Community Living Inc. – Find a Friend, Keep a Friend

Montrose Bay High School – Big Picture, Department of Education Moonah Arts Centre (Glenorchy City Council) New Town High School – Learning Centre Oak Enterprises (T/A Oak Tasmania) Pittwater Community Centre Sorell Council – Youth Services Southern Midlands Council Special Olympics Australia Tascare Society for Children Tasman District School

Tasmanian Association of Police and Community Youth Clubs Inc. – Hobart Police and Community Youth Club Inc.

Tasmanian eSchool

Tasmanian Polytechnic – Connect South Team

Teen Challenge Tasmania Inc. – Live Free Tassie

The Parkside Foundation – Community Access

The Parkside Foundation – School Holiday/Respite Program

The Salvation Army – Supported Housing (SASH) and Re-Integration for Ex Offenders (REO)

The Salvation Army – Hobart Doorways

The Smith Family – Learning for Life

Tolosa St. Respite and Rehab Services

Veranto – Oakdale Lodge

Warrane Primary – Alternative Education Wise Employment

#### Victoria

ACSO – Australian Community Support Organisation – Specialist Mental Health Services (SS)

Alfred Psychiatry

Amicus Group Inc.

Anchor Inc. – Community Wellbeing Program

Arbias – Community Programs

ASTERIA Services Inc.

Asylum Seeker Resource Centre – Social and Rec

Ballarat and District Aboriginal Co-operative Ltd. – Innovations/No Quick Fix

Ballarat Community Health Centre – APROTCH

Ballarat Health Services – ABI Service

Ballarat Health Services – Eastern View Residential Recovery Program

Bayview House – Mental Health Clinic

Bendigo Family and Financial Services Inc.

Berry Street – Open Place

Bethlehem Community – Bowling At Highpoint Maribyrnong

BGT – Youth Connections

Blind Sports Victoria

Brotherhood of St. Laurence – Coolibah

Castlemaine District Community Health Centre

Centacare Ballarat – MASC

CHSA Sports Central

CREATE Wyndham

Dame Pattie Menzies Centre Inc.

Department of Human Services – Disability Services – Grampians Region

Department of Justice – Judy Lazarus Transition Centre

Diamond Valley Learning Centre – VCAL

Doutta Galla CHS – Arion Prevention and Recovery Centre

Doutta Galla Community Health – Mental Health and Complex Needs

Eastern Access Community Health – Halcyon PDRSS

Eastern Access Community Health – Lifeworks

Eastern Access Community Health - Rivendell

Eastern Access Community Health – Supporting Connections

Eastern Health – Canterbury Rd CCU

Eastern Health – Maroondah CCU/MSTS Rehab Shore Program

Eastern Regions Mental Health Association

Fintry Community Inc.

Golden City Support Services Inc. – CreateAbility Events Network

Good Shepherd Youth and Family Service – Good Shepherd Community House

Hanover Welfare Services

Heathdale Neighbourhood Association

Homeground Services – Recreation Program

Impact Support Services

Inner East Community Health Service – Boroondara Centre

Inner East Mental Health Services - Terra Firma Inner South Community Health Service Inner West Area Mental Health Mobile Support Treatment Team (MSTT) Inner West Area Mental Health Service - Norfolk Terrace - Community Care Unit MIND Interchange Lodden-Malley Region Inc. **ISIS Primary Care** ICAAA – Ioint Councils Access for All Abilities Jobco Employment Services Inc. – PHaMs Karden Disability Support Foundation Inc. Karingal – KABLE Kew Neighbourhood Learning Centre - Oasis Program Knox Community Health Service – Eastern Harp, Active Health, Community Wellbeing Lantern – Resource Centre Latitude – Directions for Young People Inc. Leisure Balance Pty Ltd. Lighthouse Foundation – Community Care Lisa Lodge - Out of Home Care and Finding Solutions Malmsbury Youth Justice Centre Mental Illness Fellowship of Victoria - PARC (Prevention and Recovery Care) Mental Illness Fellowship Victoria – Bromham Place Mental Illness Fellowship Victoria - Carer Respite - Specialist Family Support Mental Illness Fellowship Victoria

- Mulberry House Day Program

Mental Illness Fellowship Victoria - TI's Day Program Merri Community Health Service - P.S.R. Merri Outreach Support Services - Shrivings Adult Day Centre MIND – Edith Pardy House - Inner South Personal Helpers and Mentors Mind – Southern Respite Services MIND – Victoria Street Program Mind (formerly Richmond Fellowship of Victoria) – Trelowarren House Mind Australia – Chiron Mind Australia - Personal Helpers and Mentors (PHaMs) Mind Australia - Personal Helpers and Mentors Service MIND Australia – Solomon St – Bendigo Moira – Outreach – Spiral and Janus Neami Ltd. Neami Ltd. – Neami North East Neami Ltd.– Whittlesea Neami Ltd. – Briar Hill Ngwala Willumbong Co-op. Ltd. - Galiamble and Winja Uhupna North Western Mental Health - Adult Mental Health Rehabilitation Unit North Yarra Community Health - Innerspace - Next Door Primary Health Norwood Association - Group Activities Program Odyssey House Victoria

OZ Child – Counselling and Family Solutions Peninsula Health – PenDAP – SHARPS NSP Peninsula Support Services Port Melbourne Neighbourhood House Port Phillip Community Group Preston Reservoir Adult Community Education - Youth Programs Radius Rosebud Police – Southern Peninsula Swans Sacred Heart Mission Scope Loddon Mallee (Golden North) - Adult Services Scottsdale P.D.R.S.S. - Opening Doors/Prahran Mission Servants in Hawthorn Inc. SHARC (Self Help for Addiction Resource Centre) - Recovery Support Services Shekinah – Corpus Christi Community St Kilda Uniting Care St. John of God Hospital, Ballarat - Bloomsbury House Dual Diagnosis Service St. Kilda Youth Service – 2 FAZE St. Laurence Community Services Inc. St. Luke's – Connect Central St. Luke's Anglicare – Mental Health Program St. Luke's Anglicare, Castlemaine - Group Program St. Mark's Community Centre - Sport and Recreation St. Mary's House of Welcome

St. Vincent de Paul Aged Care and Community Services – Ozanam Community Centre (OCC)

St. Vincent de Paul – Quin House

St. Vincent de Paul Aged Care and Community Services – Ozanam House

St. Vincent's Hospital – Prague House

STA House – SUST (Stepping-Up Standing Tall)

STREAT

The Salvation Army – Adult Services – The Open Door – Adult Service Network

The Salvation Army – The Anchorage

The Salvation Army – Brunswick Community Program

The Salvation Army – Community Aged Care Program

The Salvation Army – Community Outreach Services

The Salvation Army – Eastcare

The Salvation Army – Flagstaff Crisis Accommodation – Recreation Program

The Salvation Army – Flagstaff Outreach

The Salvation Army – SANS Intensive Outreach Support

The Salvation Army – Support in Public Housing Program

The Salvation Army Bridge Program – Bendigo (Alcohol and Other Drug Services)

The Salvation Army Crisis Services – Youth and Family Services

The Wellington Collingwood Inc.

UB Tec (University of Ballarat) – VCAL

Uniting Care – Moreland Hall

#### 28 RECLINK AUSTRALIA – REBUILDING LIVES THROUGH SPORT AND ARTS

Uniting Care Ballarat

Vision Australia – Bendigo

VISTA Community Support

WEAC – Tandana Place

Werribee Mercy Mental Health – Community Care Unit

Wesley Mission, Victoria – Aged Care Housing Services

Western Region Health Centre – Hume Mental Health

Western Region Health Centre – Outerwest Outlooks

Western Region Health Centre – PARC

Western Region Health Centre

– Western Storm

Wintringham

Wintringham – Dandenong

Wintringham – Housing and Rooming House Program

Wintringham – McLean Lodge Hostel

Wintringham – Williamstown Hostel

WISHIN – Women's Information, Support and Housing in the North

Wombat Housing and Support Services – Rooming House Program

Youth Projects

Youth Substance Abuse Service – YSAS (Bendigo)

Youth Substance Abuse Service (YSAS) – City North West

Youth Substance Abuse Services – Birribi

### Western Australia

55 Central Inc.

Alma Street Centre (ASC) Fremantle Hospital – Adult Mental Health Service, Occupational Therapy Program

Anglicare WA – Foyer

Anglicare WA – Spearwood Youth Accommodation

Anglicare WA – Step 1 Street-Work Program

Arafmi – Recreation/Youth Services

Association for Services to Torture and Trauma Survivors (ASeTTS)

Australian Red Cross (WA) – Migration Support

Balga Detached Youth Work Project Inc.

Caversham Training and Education Centre

Centrecare Inc. – Youth Diversion Service

City of Cockburn – Recreation Development Office

Clontarf Foundation – Gilmore College Football Academy

Department of Corrective Services – Banksia Hill Detention Centre

Department of Corrective Services – Rangeview Remand Centre

Fremantle Multicultural Centre Inc.

Inclusion WA

Interchange Inc.

Life Without Barriers – Disability and Mental Health Respite Life Without Barriers – Ngaiti House

Mental Illness Fellowship of WA Inc.

– Early Intervention Recovery Program (EIRP)

Mental Illness Fellowship of WA Inc. MIFWA)

Mental Illness Fellowship WA – Parent Peer Support Program

Mercy Care – Community Care

Midland Joblink – Leading The Way

Mission Australia – DAYS – Detox Unit

Mission Australia – Drug and Alcohol Youth Service – DAYS

Mission Australia – YASS

Osborne Adult Community Mental Health Services

Passages

Perth Home Care Services

Port School

Richmond Fellowship East Fremantle

Richmond Fellowship WA – Healthy Lifestyle

Rocky Bay – Getabout

Rocky Bay Inc. – Life Styles

Romily House

Ruah Community Services – Inreach North

Ruah Community Services – Intensive

Ruah Community Services – Ruah Inreach – Inner City

Ruah Community Services – Ruah Inreach, Fremantle

Southern Cross Care – Community Options

St. Bartholomew's House – Appleton Support Services

St. Bartholomew's House – CSRU Sunflower Villas

St. Bartholomew's House, Mental Health Support Services – Arnott Villas

St. Bartholomew's House, Mental Health Support Services – Bentley Villas

St. Bartholomew's House, Mental Health Support Services – Swan Villas

St. Patrick's Community – Support Centre

Stand By Me Youth Service

Swan Youth Program

The Centre for Cerebral Palsy – Community Access

The Halo Leadership Development Agency Inc.

The Salvation Army – Crossroads West, TSS – Recreation Program

The Salvation Army – Men's Homelessness Services

Uniting Care West – Homeless Accommodation and Transitional Accommodation

Uniting Care West – Homeless Accommodation Support Services – South

Uniting Care West – Personal Helpers and Mentors

WA AIDS Council (WAAC) – Support Services

Womens Health Services – Community Development

## Gratitude

#### Individuals

Adrian Anderson Adrian Basso Adrian Cloonan Adrian Crawley Alan Pascoe Andrew Brackman Andrew Catterall Andrew Gaze Anthony Hudson Anthony Koutifidis Barry Kidd Barry Oates Barry Silvester Bedri Sainovski Brendan Gale Brian Cook Brian Millett Brian Nankervis Brian Presnell Brian Procopis Bruce Hill Cam Butler Chris Smith Crackers Keenan Craig Lynch Craia Willis Damien Harriss Damien Taylor Daniel Macpherson

Darren Crocker Dave Barrett Dave Houchin Dave Hughes David Eadie David Rhys Jones Denis Pagan Dermott Brereton Des Tuddenham Don Hume Doug Hawkins Douglas Holmes Edward Sinn Father Bob Maguire Frank Costa OAM Gabrielle Kopke Gary Epple Geoff Ryan Georgia Webster Glen McIver Glen Omodei Glenn Simmonds Glenn Watts Graham 'Smokey' Dawson Greg Barnes Hank Hubers Helen Cusack lacko lade Tziavaras lames Tunstall

lason Evans Jeff Ryan leremy Dickson lo Cusack loel Bowden loffa Corfe John Dever Iohn Nichol John Russo Ioanne Rockwell Ionathan Covne Ionathon Pilbrow ludith A lustin O'Halloran Kel Bryant Ken Wilson Kuot Leanne Smith Lesley Hurley Liam O'Shannessy Liddy Dixon liz Kirk Luke Waters Lynne Gardiner Marilyn Hague Mark Davis Mark Potter Mark Whiteman Mary Meldrum Mark Fines

Matt Finnis Matt Fisher Matt Lee M-C lean Louis Michael Green Mick lames Morris Stuart Myrtle Jeffs Nick Cable Nicky Friedman Pat Ward Paul Ryan Peter Cates Peter Crofts Peter Diacos Peter Hession Peter Monangle Peter Ryan Peter Seal Peter Schwab Phil Cox Phillip Giallo Phillip Touzel Pip Enscoe Ray Beacham Ray Salao Reece Homfray Rhan Harris Rob Heath Robbie Muir

Ron Jones Ronald Ron Barassi Ros Andrews Rose Cicero Rosemary Walton Samantha Lane Scott Orchard Shane Cassidy Shane Cox Shaun Pearce Stacey Klomp Stephen I. Peak Steve Sinn Tracey Seach Terry Daniher Terry O'Brien Terry O'Donnell Tim Costello Tim Noonan Tim Watson Tommy Hafey Tony Leggatt Virginia Cable Wayne Frith Wayne Henwood Wylie | Our 212 Community Cup Volunteers

#### Organisations

ACT Department of Justice and Community Safety ACT Health Directorate

ACT Government Adelaide City Council Adelaide Crows FC Adelaide Police Adelaide Symphony Orchestra Australian Football League AFL Central Australia AFL Tasmania AFL Victoria Australian Institute of Flexible Learning Alice Springs Bowls Club Allens Arthur Robinson APRA Australian Federal Police Australian Government - Department of Health and Ageing Australian Red Cross Basketball Tasmania Bayside City Council Beam Global Australia Bendigo Bank - South Melbourne Bowls NSW

Bridgewater PCYC Brisbane City Council Carlton Football Club Central Australia Aboriginal Media Association (CAAMA) Central Australia Football League City of Fremantle City of Melbourne City of Yarra Clarence PCYC Clontarf AFL Academy Coastline Church Coburg Football Club Cockburn Council Corporate Traveller Cricket Victoria Cycle Education ACT Department of Sport and Recreation, WA DIRECTIONS ACT Earth Visual Communications East Fremantle Football Club Essendon Football Club Etihad Stadium **Eventpower Solutions** Executive Security Fishing NSW

Football Federation Victoria Football West Fremantle Football Club Glenn Hester Photography Government of South Australia Greek Welfare, SA Health Directorate I ACT Government Hobart City Council Hobart PCYC Hope Street Hydro Tasmania Injury Prevention and Management Foundation IOOF Foundation IPI Audio Justice and Community Safety Directorate I ACT Government Kingsborough Council Lance Rock Publicity Lifeline Community Care, QLD Lion Nathan Lord Taverners Mac 'n' Me Graphics MCC Motor Accident Insurance Board

Momentum Builders Mornington Shire Council Mount Barker Baptist Church Mountain Goat Beer **On-time Concepts** Ozenham House Pathwavz - Cerebral Palsy League PBS 106.7FM Peninsula Stand Up Paddle School Port Melbourne Football Club Port Power FC Portsea Surf Life Saving Club Queensland Government – Sport and Recreation Services and the Regional Arts Development Fund Queensland Health Rockstar Management Rosny Golf Club Rotary Club of Albert Park Rotary Club of Fremantle Rotary Club of Melbourne South Rotary Club of North Balwvn Rotary Club of Werribee Rough Edges

Royal Adelaide Show Rural Press Australia Ryan Commercial Lawyers SACA Saltwater Media Solutions The Salvation Army Canberra City SANFL Scubacom SecondBite Shulu Foundation Slattery Media Group Snorkel Safari Sport 927 Sports Chaplaincy South Yarra Football Club St John's Maroubra St Vincent's Hospital Stage Two Lighting Stonehenge Group Street Press Australia Surfing NSW Sweeney Estate Agents SEN 1116 Talbot Family Foundation Tasmanian State Government Tasmanian Symphony Orchestra

Tennis NSW The Age The District Council of Mount Barker The Heart Foundation The House of Marley The Marquee People Triple R FM 102.7 VAFA Voyages, NT Werribee Football Club Wesley Church Adelaide Wesley Mission West Coast Eagles Western Australia Cricket Association Winnunga Nimmityjah Aboriginal Health Service, ACT 97 7 3SFR-FM Committees and Advisory Groups

### Reclink Community Cup Committee

Frank Galbally Cup Committee

La Trobe University

The Transformers Choir Organising Team

### CBC St Kilda De La Salle College Mary MacKillop College Mount Lilydale Mercy College Pulteney Grammar The Hutchins School Wesley College

Xavier College

Schools

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## **Participant Stories**

### Rodney (TAS)

Rodney is a cheerful 55 year old who lives with his wife Julie and their two dogs and two cats on the outskirts of Hobart. Rodney suffered a stroke in 2008 which badly affected his speech and moods. Last year, Julie sought help through Headway to assist with his mood swings, boredom and recent loss of employment. Being such an active man, Rodney did not cope well with being stuck at home.

Paul, a support worker from Headway introduced Rodney to Reclink Australia activities. 12 months down the track Rodney sings weekly with the Choir of High Hopes, meanders around Rosny Golf Course with his new friends, goes sailing on the Derwent River and plays indoor bowls.

Rodney has identified that his wellbeing has improved and by attending Reclink Australia activities he has filled an empty place in his life. Rodney says that without Reclink Australia he could not afford to participate in activities like golf. Julie agrees that Rodney's wellbeing has improved and participating in Reclink Australia activities has helped him find new friends and stay active in the community.



## Emily (QLD)

Our daughter Emily used to have little interest in watching choir members sing. Joining The Transformers has been a life changing experience for her. She now loves watching choirs because she lives the experience of being in a choir which is even more remarkable because though Emily can vocalise, her intellectual and physical disabilities prevent her from speaking words or singing. In performances she joins in the actions and claps furiously at the end of each song. Audience members are captivated

and many are moved to come and talk to her. The most amazing example of this was after the choir sang for the His Holiness the Dalai Lama when He and Emily moved towards each other and embraced.

Socially the choir is enormously important to Emily as she sees that she is a valued member of society and in return how Emily expresses her enjoyment improves the wellbeing of others choir members. The discipline learnt from weekly rehearsals has transferred to other areas of her life making her more patient and able to deal with situations that were previously very difficult.





Donning her choir uniform is one of the highlights of Emily's life. Travelling to a performance, she makes eye contact with people, pointing to her The Transformers shirt and as a result of this interaction many people are then keen to hear about Reclink Australia and the choir. Emily is a great example of how the choir breaks down barriers for people with a disability.

We marvel at the dedication of those who make The Transformers a reality. They allow everyone to feel accepted for whom they are so they can fulfil their dreams of being a performer. They are transformed.

## Jai (SA)

Jai has been a Mount Barker resident for five years. His first Reclink Australia activity was a fishing trip 18 months ago. Jai loved the experience and asked about other programs he could attend and was encouraged to participate in the water sports program. Jai's first challenge was to get up on the surfboard, he managed to do this before being dumped by the next wave.

Jai has a passion for the underwater scene and really took to snorkelling at Port Noarlunga The Bluff and Aldinga and also has attended training sessions at Marion Aquatic Centre. Jai is now registered as a Reclink Australia volunteer. He helps coordinate the water sports program, the Run, Walk, Roll activity and he promotes other local programs. Jai has completed his Senior First Aid certificate, a sport coaching course and will undertake a snorkel instructors course in the near future.

### Justin (WA)

Tai Chi is a mind/body practice that originated in ancient China and has been practiced for thousands of years. Many people who practice Tai Chi regularly believe that it improves the flow of energy in the body and heightens feelings of wellbeing. Tai Chi began as a martial art and as it developed, it took on the purpose of enhancing physical and mental health.

Justin suffered from anxiety and was unable to live the life he wanted so he began working with Ruah Inreach Mental Health Services 12 months ago. His community mental health worker suggested attending Reclink Australia's weekly Tai Chi classes. Justin has been going ever since. For Justin, the Reclink Australia Tai Chi classes have helped increase his confidence and played a major role in dealing with his anxiety. "If I am feeling anxious I can do the Qi breathing – it helps me relax. Tai Chi gives me a natural high, I feel relaxed but alert," Justin said. "It's challenging, but the better I get at it, the more I get from it."

Justin's health worker can see the improvements he is making in Tai Chi transferring into other aspects of his life. Because of Tai Chi, Justin is more independent and confident and is hoping to attend a train-the-trainer course later in the year. "It helped me to realise I can do anything if I set my mind to it."



## Drew (ACT)

Drew is a long term inner north high density housing resident. For the past 12 months, Drew has been actively involved in three Reclink Australia programs – gym, Run, Roll or Walk and a neighbourhood garden project. Drew described his mental and physical health prior to being involved in the activities as being "pretty crap." When asked to describe what being involved in the activities meant Drew stated, "Gardening is good for my soul and the gym gives me a stronger body. I've really enjoyed the gardening project, I'm proud of my contribution. I get to watch things grow, which is very rewarding."

Overall, Drew believes that his mental and physical health had improved since being involved in the Reclink Australia activities, however he identifies that he is "still in a daily battle." Drew also noted that his use of medication had been reduced because he is utilising his time better.

It is important to note that without Drew's enthusiasm, hard work, brilliant sense of humour and compassion, the neighbourhood garden project would not have reached its current levels of success.

Drew now volunteers regularly at the monthly Run, Roll or Walk and assists with other Reclink Australia activities.

## Jeannie (VIC)

Prior to the Rocky Road Choir, Jeannie knew she needed something to satisfy and fulfil her life. Soon after joining the choir, she felt a sense of belonging and hasn't looked back since.

Jeanie heard about Reclink Australia and the choir through Rivendell where she is a participant.

"I am drawn like a magnet. Every song we sing has a meaning and a purpose, which is beautiful. Even if I'm feeling a bit unwell or a bit low, I still get myself to choir because once I start singing, it lifts my spirits."

The choir has changed Jeannie's life in so many ways. She says it has brought her enjoyment, fulfilment and consequently happiness in to her life and it has also built her self esteem and confidence.

"I have met a lot of friendly people during choir rehearsals and we have this special bond. We're like this big happy family. Without the choir I would feel lost and empty as if something was missing in my life, I need to sing now to feel complete."





## Reclink Australia Staff

Chief Executive Officer: Adrian Panozzo

National Development Manager: Peter Cullen

Finance Manager: Lucky Hewagama

Office Manager: Alana Wignell

Marketing and Events Manager: Tinika Van Dort

Relationship Manager: Nicole Wright

Finance and Administration: Jo Turner

Project Manager, Australia Capital Territory: Mark Ransome State Manager, Alice Springs: Daryl Little

State Manager, Queensland: Steve Hutchinson

State Manager, South Australia: Andy Asser

State Manager, Tasmania: Joanne Lorraine

State Manager, Victoria: Joe Rotella

State Manager, Western Australia: Erica Brewer Community Development Coordinator, Logan: Courtney Gillott

Project Manager: David O'Halloran

Project Manager: Gavin Crosisca

Football Development: David Twomey

Sports Development Officer, Victoria: Mat Brown

Sports Development Officer, Victoria: Kavar Singh

Administration and Membership: Rose Cicero (Volunteer)

## Contact Us

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#### Notice of 2012 Annual General Meeting

The Annual General Meeting for Members of Reclink Australia will be held at 115B Ferrars Street, South Melbourne at 4pm on Wednesday November 21, 2012.



































#### **Reclink Australia**

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2011-12 Annual Report published November 2012