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Abs, Butts and Thighs Training - Crestmead [1]

Description

Activity Type: Recreation [2] Gym/Fitness [3] State and Region: QLD [4] Logan [5]

Group fitness class.

Please wear suitable gym shoes and comfortable clothing.

Please bring a towel and water bottle.

Details

Venue: Logan Metro Sports and Events Centre Address: 357 Browns Plains Road Suburb: Crestmead Time: 9:15am - 10:15am Schedule: Thursdays Cost: $3 - $5.50

Contact Information

Agency: Reclink Contact: Andrew Curtis Phone: 0413 474 778 Email: andrew.curtis@reclink.org [6]

Further Information

Booking required

Source URL: https://reclink.org/programs/reclink-national-program/abs-butts-and-thighs-training-crestmead

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[6] mailto:andrew.curtis@reclink.org