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# Indigenous Sport & Recreation [1]

## Summary

Reclink Australia is committed to improving the health outcomes and wellbeing of indigenous communities with whom we work.
Over the past 10 years Reclink has been delivering a diverse range of individual and structured sport and recreation programs in Wiluna in WA, and Alice Springs in the Northern Territory.

## Content

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Over the past 10 years Reclink has been delivering a diverse range of individual and structured sport and recreation programs in Wiluna in WA, and Alice Springs in the Northern Territory.

Reclink Australia?s programs in Alice Springs continued to grow during 2018, with 14 programs delivered to around 600 participants. Programs include:

Cricket clinics, which have proved popular with many of our participants and has led to the formation of a mixed gender team playing in the Imparja Cup.
The Reclink Alice Springs Football League, which comprises four indigenous teams and culminates in a grand final series played at Traeger Park Oval, has been one of the main attractions for participation in sport with young indigenous people.

It has been encouraging to note increased participation from indigenous women in the programs, notably in the walking, meditation, qi gong, and boxing programs.

These programs and the football league are supported by local indigenous elders, mentors, families, and volunteers ? all of whom we are extremely grateful to for their assistance.

Contact Reclink Australia on indigenousprograms@reclink.org [2] for more information.

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