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Boxercise - Women Only [1]

Description

Activity Type: Sport [2] Boxing [3] State and Region: QLD [4] Moreton Bay [5]

This class caters for all levels of fitness and is a fun, safe way to learn new skills, build your fitness and meet new people.

Please give Kylie a call ahead of the session to book in and let her know you're a Reclink Member Agency.

Please bring a water bottle and towel. Simply sign in on arrival and show Kylie your Reclink Membership Card to participate in the session for free.

Details

Venue: Spiders Boxing Club (inside the PCYC Building) Address: 2 Toovey Street Suburb: Caboolture Time: 9:15am - 10:00am Schedule: Every Friday Cost: Free for Reclink Member Agencies

Contact Information

Agency: Spiders Boxing Contact: Kylie Burford Phone: 0437 930 124 Email: info@spidersboxingclub.com [6]

Source URL: https://reclink.org/programs/reclink-national-program/boxercise-women-only

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