Brooks Running and Reclink Australia joined forces to deliver an exciting event last Friday that will deliver outcomes encouraging participants to maximise the potential of their health and wellbeing journeys.

Brooks is a leading running company that is dedicated to inspiring people to run and be active by creating innovative running shoes, clothing and accessories that keeps people of all abilities running longer, faster and happier.

A breakfast event was held in the Latrobe Valley in Victoria’s east last Friday, where representatives from both ... the event, that enforced the importance of recreational programs on mental health, physical health and social inclusion.

Callista Cooper, Reclink Australia’s Sport & Recreation Manager – Regional East Victoria, said that her team was incredibly excited by the event’s outcomes.

“Reclink uses sport and recreation to bring people together, and at the Brooks event, more than 50 Reclink participants from all walks of life came together with the Brooks outreach team to share food, stories, and inspiration,” she said.

Attendees at the event were also lucky enough to each be presented with a new pair of Brooks Running shoes, in an amazing act of generosity.

“The new shoes for Reclink participants was an absolute highlight for everyone, with lots of beaming faces on the day while trying on their new shoes,” Callista said.

“We are excited to have welcomed Brooks in the Latrobe Valley and the Reclink team is proud to work further with the Brooks outreach team to encourage people on their health and wellbeing journeys.”

To learn more about Brooks and their range of high performance products, visit their website [HERE](https://www.brooksrunning.com.au/).

#RunHappy

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